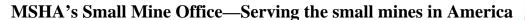
U.S. Department of Labor

Mine Safety and Health Administration

Location:_

Employees Comments:





Week 52

_Supervisor:_____

Date:	Time:	Duration:
1)	General Safety Rules	
	 Never attempt any job if you are in doubt about your safety or the safety of others. Ask your supervisor for help 	
	□ Do not get on or off equipment while	
	□ "Think Safety in Every Way"	it is moving
	· · · · · · · · · · · · · · · · · · ·	e performing work on it—"Lock and Tag Out"
2)	General Safety Rules	
	□ Stand on a dry insulating mat when	operating an electrical disconnect
	 Always wear personal protective equ 	
	 Never place your fingers, hands or or equipment. 	ther body parts in or on moving/rotating parts of
	□ Do not apply belt dressing to a moving belt conveyor unless you are using	
	an aerosol type dressing from a safe distance from moving parts	
	 Never touch a moving cable – or a stationary cable unless locked/tagged out that is within 10 feet of passing through a sheave or being wound around a drum and wear gloves when do so 	
3)	General Safety Rules	
	□ Shut off all engines and allow a cool down time before refueling	
	□ Do not work on or from raised equipment unless it has been securely blocked	
	□ Anyone required to ride moving railroad cars should wear a full body harness attached	
	to the rail car at all times while it is i	
	□ Always lift with your legs-not your b	ack!! Do not over lift – get help!!
Attendees:		
		